

# Health Science Major/General Education Requirements 2020-2021

Monitor your degree progress through your Channel Islands Academic Requirements Report (CARR).

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GENERAL EDUCATION (GE) REQUIREMENTS		Course/ Units
<b>A. Communication in the English Language and Critical Thinking (9 units)</b> <i>Select one course for each subcategory and C- or better required</i>		
A1. Oral Communication		COMM 101 or COMM 210
A2. Written Communication		
A3. Critical Thinking		
<b>B. Mathematics, Science and Technology (12 units)</b> <i>At least one B1 or B2 course must include a laboratory</i>		
B1. Physical Sciences		CHEM 110
B2. Life Sciences		
B3. Laboratory Activity		CHEM 110
B4. Mathematics-Quantitative Reasoning <i>"a minimum of C- is required"</i>		MATH 201 or MATH 202
<b>C. Art, Literature, Languages &amp; Cultures (9 units)</b>		
C1. Arts		
C2. Humanities		
Add'l course from either C1 or C2		
<b>D. Social Perspectives (9 units)</b> <i>Two of the three must be from a different discipline</i>		
Discipline 1		POLS 150
Discipline 2		SOC 100 or SOC 201
Discipline 3		PSY 100
<b>E. Human Psychological and Physiological Perspectives (3 units)</b> <i>Only 1 unit of physical activity allowed</i>		
		PSY 213
<b>If GE requirements above are complete, check box</b> <input type="checkbox"/>		
<b>Upper Division GE (UDGE) Requirements (9 units)</b> Must complete one course from each area UDGE-B, UDGE-C and UDGE-D.		
1. UDGE-B		
2. UDGE-C		
3. UDGE-D		ANTH 443
<b>American Institutions Requirement (6 units)</b> Select POLS 150 and one course in US History		
State & Local Government ( <i>take POLS 150, unless passed AP Exam, then take POLS 140 or POLS 316</i> )		POLS 150
US History: (HIST 270, 271, 272, 275 <u>or</u> 350)		
<b>Language and Multicultural Requirements</b> Language requirement may be fulfilled by demonstrating proficiency through one of the accepted examinations (AP, CLEP, IB, ACTFL, OPI)		
Language <i>"a minimum of C- is required"</i>		
Multicultural		ANTH 443
<b>Graduation Unit Requirement</b> Students must complete a minimum of 120 units (27 units UD) to qualify for graduation.		
Units Completed & In Progress		
Number of Units needed to reach 120-units		
Number of Upper Division units still need		

HEALTH SCIENCE MAJOR REQUIREMENTS		Course/ Units
<b>LOWER DIVISION MAJOR REQUIREMENTS (33 units)</b>		
BIOL 210: Human Anatomy & Physiology I (4)		
BIOL 211: Human Anatomy & Physiology II (4)		
CHEM 110: Chemistry of Life (4)		
HLTH 100: Medical Terminology (1)		
HLTH 101: Overview of Health Care Industry (3)		
HLTH 102: Community Health Organizations (2)		
PSY 100: Introduction to Psychology (3)		
<b>Complete one from:</b>		
COMM 101: Public Speaking (3)		
COMM 210: Interpersonal Communication (3)		
<b>Complete one from:</b>		
BIOL 203: Statistics for Biologists (3)		
MATH 201: Elementary Statistics (3)		
MATH 202: Biostatistics (3)		
<b>Complete one from:</b>		
PHED 208: Introduction to Kinesiology (3)		
PSY 213: Developmental Psychology (3)		
<b>Complete one from:</b>		
SOC 100: Introduction to Sociology (3)		
SOC 201: Social Problems (3)		
<b>UPPER DIVISION MAJOR REQUIREMENTS (42-43 units)</b>		
ANTH 443: Medical Anthropology (3)		
HLTH 300: Nutrition, Exercise & Wellness (3)		
HLTH 301: Introduction to Public Health Administration (3)		
HLTH 302: Introduction to Healthcare Informatics (3)		
HLTH 307: Issues & Ethics in the Helping Profession (3)		
HLTH 309: Health Science Research Methods (4)		
HLTH 348: Healthy Aging (3)		
<b>Complete one UDGE-B course from:</b>		
BIOL 332: Cancer & Society (3)		
BIOL 333: Emerging Public Health Issues (3)		
BIOL 432: Principles of Epidemiology & Environmental Health (3)		
CHEM 335: The Chemistry in the Kitchen (3)		
PHYS 338: Science and Conscience (3)		
<b>Complete one GVAR course from:</b>		
COMM 345: Media Literacy & Youth Culture (3)		
COMP 447: Societal Issues in Computing (3)		
ENGL 330: Interdisciplinary Writing (3)		
PSY 345: Individuals with Disabilities (3)		
<b>Complete one from:</b>		
HLTH 492: Service Learning in Health Science (3)		
HLTH 499: Senior Capstone Project (3)		

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HEALTH SCIENCE MAJOR ELECTIVES (11 – 13 units)
Complete a minimum of <b>six units from any HLTH 300 or 400 level course</b> (if not already completed above) (6 units)
Complete a <b>minimum of five units from the list below</b> (if not already completed above) (5 – 7 units)
BIOL 300: Cell Biology (4)
BIOL 332: Cancer & Society (3)
BIOL 333: Emerging Public Health Issues (3)
BIOL 432: Epidemiology & Environmental Health (3)
BUS 333: Nonprofit Management (3)
CHEM 335: The Chemistry of the Kitchen (3)
COMM 325: Health Media Campaigns (3)
COMM 327: Communicating Science & Policy (3)
COMM 345: Media Literacy & Youth Culture (3)
COMM 441: Health Communication (3)
COMP 447: Societal Issues in Computing (3)
ENGL 330: Interdisciplinary Writing (3)
LS 322: Health Issues in Education (2)
MGT 307: Management of Organizations (3)
MGT 325: Entrepreneurial Management (3)
MGT 471: Project Management (3)
NRS 342: Complementary & Alternative Health (3)
NRS 354: Cultural Competence in Health Care (4)
NRS 356: Vulnerable Populations (3)
PHED 302: Motor Learning, Fitness & Development in Children (2)
PHYS 338: Science & Conscience (3)
POLS 325: American Public Policy (3)
PSY345: Individuals with Disabilities (3)
SOC 360: Race & Ethnicity (3)
SOC 374: Sociology of Organizations (3)
SPAN 451: Introduction to Healthcare Interpreting (3)

FACULTY MAJOR ADVISORS	
<b>Last Names:</b>	<b>Faculty Advisor:</b>
A – Di	Dr. Kristen Linton ( <a href="mailto:kristen.linton@csuci.edu">kristen.linton@csuci.edu</a> )
Dj – Ld	Dr. William Wagner ( <a href="mailto:william.wagner@csuci.edu">william.wagner@csuci.edu</a> )
Le – Mn	Dr. Ronald Berkowsky ( <a href="mailto:ronald.berkowsky@csuci.edu">ronald.berkowsky@csuci.edu</a> )
Mo – Q	Dr. Lydia Dixon ( <a href="mailto:lydia.dixon@csuci.edu">lydia.dixon@csuci.edu</a> )
R – Z	Dr. Sonsoles de Lacalle ( <a href="mailto:sonsoles.delacalle@csuci.edu">sonsoles.delacalle@csuci.edu</a> )
Alternate:	Hannah Smit ( <a href="mailto:hannah.smit@csuci.edu">hannah.smit@csuci.edu</a> )
PROPOSED STUDY PLAN	
Term: _____	
1. _____	4. _____
2. _____	5. _____
3. _____	6. _____
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1. _____	4. _____
2. _____	5. _____
3. _____	6. _____
Term: _____	
1. _____	4. _____
2. _____	5. _____
3. _____	6. _____