

Vision:
Ventura County
leads the way to a
Healthy California



Monday, November 3, 2019

Kristen Linton, MSW, Ph.D.
Assistant Professor, Health Science Program
California State University, Channel Islands

Dear Professor Linton,

The *Partnership for a Healthy Ventura County*'s "Health Champion Award" is presented each year to community partners who excel in one of three subcommittee focus areas. The members of the Healthy at School Committee have selected you and your students to honor your leadership and achievements in providing hands-on public health research projects in collaboration with the Oxnard Union High School District Wellness Program.

Thanks to your innovative vision and collaborative spirit, CSU Channel Islands students were able to complete public health service learning research projects throughout seven OUHSD Health Fairs that took place during the 2018-19 school year. These health fairs were attended by approximately half the student population at each school, reaching a total of 7,500 students. For teenagers to connect with local university students in this setting is profoundly impactful in several ways. Teens were able to learn about the incredible academic opportunities within their reach at CSU Channel Islands through the Center for Community Engagement's Service Learning Program and Health Science Program. The peer-to-peer positive role model interaction related to topics within mental health, nutrition, and physical fitness gave teens a college students' perspective and reinforced the notion that caring about individual health is important. Thank you for making a difference in thousands of teens' mindsets to ensure their health is always a priority.

A request will be submitted for recipients to be recognized, in honor of "National Nutrition Month", which is celebrated annually in March, during a Ventura County Board of Supervisors' meeting in February of 2020. We will confirm the date and time in a subsequent communication. However, in looking ahead, BOS meetings are regularly held on Tuesdays, and topics such as the "Health Champion Awards" are allowed 5-10 minutes on the agenda between 9 and 11 a.m.

Congratulations, and thank you for your excellent work that contributes to a healthier Ventura County!

Sincerely,

Anna Jackson
Chair, Healthy at School
Partnership for a Healthy Ventura County

CC: Eddie Munizich, Co-chair, Partnership for a Healthy Ventura County

Mission:
To promote community activities,
policies, systems and environmental
changes that foster healthy eating
and regular physical activity to
counter obesity and its related
chronic diseases.