

Is it Forgetfulness or Dementia? Understanding Memory Loss

Ever walk into a room and immediately forget why you went in? You're not alone. Everyone experiences the occasional moment where their memory decides to take an unexpected vacation. But there's a point where memory issues extend beyond average forgetfulness – indicating a cause for more serious concern – and it's important to know how to recognize the signs.

Join us to learn how to tell the difference between regular, run-of-the-mill forgetfulness and memory loss related to underlying health conditions. Don't forget!

SCHEDULE:

4:30: Exhibit Tables

Visit our exhibit tables for great educational resources on memory loss.

5:30: Program



MODERATED BY:
**JAMES
HORNSTEIN, M.D.**
CMHS Chair of the
Bioethics Committee

WED | NOV 20 | 5:30 P.M.

**MUSEUM OF VENTURA COUNTY
100 E. MAIN ST., VENTURA**

GUEST PANEL INCLUDES:

DR. MOSTAFA HAMMOUDI
Neurology Specialist

DONNA K. BEAL, MPH, MCHES
Vice President of Program Services and Advocacy for
Alzheimer's Association, California Chapter

LYNETTE HARVEY
Director of Clinical Services, Camarillo Health Care District


Community Memorial
Health System

2019 SPEAKER
SERIES

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