



**What did the Health Science Program do for me, you may ask. Well, let me start by saying that going through the Health Science Program at CI was life changing. I learned so much about myself and the person I wanted to work towards becoming. From learning about nutrition to ethics, community organizations and health disparities, I was given the tools to succeed in the workforce.**

**Through this program, I was given the opportunity to become a research assistant to one of my professors, Dr. Linton. A couple months after being introduced to the Brain Injury Center of Ventura County, I was hired as a Trabajadora de Salud and a Care Transition Coach. A couple months after that I was facilitating Support Groups for Brain Injury Survivors and Caregivers. This position allowed me to see disparities first hand that take place in the real world not just in a class setting. Thanks to her and to all of the Health Science instructors, I had been given the tools to work towards better serving our community.**

**As the current director of an adult residential facility for brain injury survivors, I can say that the Health Science program changed my life and perspective of the world for better. Without going through the program (and without the devoted instructors) it is hard to see myself in this position. The health science program is not just for individuals/students that do not get into the nursing program, this program is for individuals that truly want to serve people and communities at a structural level.**

**Veronica L. Zepeda,  
Alumni**

