

Hello, my name is Victor Ringgold. I wanted to discuss my experience since graduating CSUCI. I graduated CSUCI in the fall of 2017. I graduated with a major in Health Science and a minor in Psychology.

Currently, I work for a company that provides services to individuals with disabilities. In my department, I go to an individual's place of employment where I try to help that person be as independent as possible. Looking back, I can see that I was steered toward this direction of health care after taking a class at CI called Health Organization. It was in this class that I did a study about the accessibility for individuals with disabilities on the campus of CI. I enjoy my job very much because it gives me a chance to help individuals in a sector that is often overlooked. In addition, my job gives me the flexibility to pursue a career as a Physician's Assistant. Currently, I've had one interview with a med school about entrance to their PA program.

In addition, I volunteer at a free health clinic in Los Angeles twice a week. There I work as a medical assistant. Often, I'm doing health screenings and taking vitals of patients before they see the medical provider on duty. Working at the clinic has been extremely insightful. The Health Science program at CSUCI covered topics that included health law; research; and health administration. After working at the clinic, these are all areas that I could see myself pursuing if I'm not able to get into a PA program.

Prior to attending CSUCI, I graduated from Santa Monica College with an A.A. in Kinesiology. I knew I wanted to work in healthcare, but I had no idea about which field I wanted to pursue. Luckily, the Health Science program at CSUCI was broad and gave me the opportunity to explore my options.

Sincerely,

**Victor Ringgold
Alumni**